

COMPLETE

BY *Juice* PLUS+

MIXED FRUIT BAR +

Meal Replacement for Weight Control.

Ingredients:

Soy crisps (isolated soy protein, tapioca starch), rice syrup, fructooligosaccharides, soy granules, roasted peanut pieces, isolated soy protein, flaxseed, sweetened mango pieces (3.8%) (mango, sugar), sunflower oil, sweetened cranberries pieces (3.3%) (cranberries, sugar), goji berries, raisins, dates pieces, acerola cherry powder, pomegranate powder, pumpkin powder, strawberry pieces (0.2%), amaranth, millet, quinoa, broccoli sprout, alfalfa sprout, radish sprout, pea protein, honey, vitamin A, vitamin D, vitamin E, niacin, thiamin, riboflavin, vitamin B₆, vitamin B₁₂, folic acid, biotin, pantothenic acid, vitamin K, potassium, calcium, iron, zinc, iodine, copper, magnesium, manganese, selenium, flavourings, acid (citric acid), vitamin C.

16.5% fruit

May contain traces of nuts and sesame seeds.

The Mixed Fruit Bar is gluten-free.

Made in the Netherlands for:

The Juice Plus+ Company Europe GmbH
CH-4052 Basel, Switzerland

The Juice Plus+ Company GmbH
D-79576 Weil a. Rhein, Germany

The Juice Plus+ Company Ltd. London,
W6 9RU, UK

1650 g 30 bars x 55g e

SKU 220410050

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Nutrition information	Per 100 g	Per bar	%RI ^a
Energy	1532kJ 365kcal	842kJ 201kcal	
Fat	12g	6.5g	
of which saturates	1.7g	0.9g	
Carbohydrate	30g	16g	
of which sugars	19g	10g	
Fibre	15g	8.0g	
Protein	27g	15g	
Salt	0.85g	0.47g	
Vitamin A	501µg	275µg	34
Vitamin D	2.7µg	1.5µg	30
Vitamin E	7.5mg	4.1mg	34
Vitamin K	46µg	25µg	33
Vitamin C	55mg	30mg	38
Thiamine	0.78mg	0.43mg	39
Riboflavin	1.1mg	0.62mg	44
Niacin	12mg	6.8mg	43
Vitamin B ₆	1.1mg	0.60mg	43
Folic acid	164µg	90µg	45
Vitamin B ₁₂	1.7µg	0.91µg	36
Biotin	31µg	17µg	34
Pantothenic acid	4.5mg	2.5mg	42
Potassium	996mg	548mg	27
Calcium	484mg	266mg	33
Phosphorus	681mg	374mg	53
Magnesium	232mg	128mg	34
Iron	8.9mg	4.9mg	35
Zinc	5.8mg	3.2mg	32
Copper	0.60mg	0.33mg	33
Manganese	1.2mg	0.65mg	33
Selenium	33µg	18µg	33
Iodine	91.0µg	50.0µg	33

^a RI = Reference Intake

It's Your Life. Make It Complete.

Recommended intake:

Do not replace more than 2 meals per day with Complete.

Please note:

Complete provides the nutritional elements of a whole meal, delivering a balanced mix of carbohydrates, protein and fat, and also contains a useful amount of fibre and micronutrients such as vitamins and minerals. The vegetable proteins have a high biological value.

Complete should be used as part of a calorie controlled diet. Other foods should be included in this diet. It is important to drink enough water when you use Complete. This product is not a replacement for a balanced, varied diet and a healthy lifestyle.

This product is subject to continuous laboratory control.

Bars not to be sold separately.

Store in a dry place at 15-22°C.

Best before end and lot number: see base.

www.juiceplus.com